



Red Whale



Put a little Red Whale in your trainees lives...

The new training year is coming

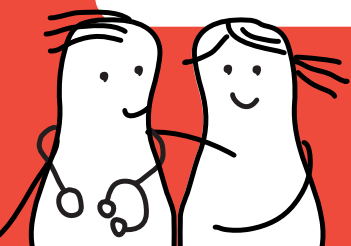
We would like to offer your trainees the opportunity to receive a special BONUS set of Red Whale Pearls to support their learning and progress this year AND get a one month trial of GPCPD for free to kick start their year.

We are lucky enough to have 3 experienced TPDs on the Red Whale team and they have put their heads together to come up with a programme of PEARLS especially for GPSTs.

This is the proposed programme:



August	Welcome from the Red Whale TPD team <ul style="list-style-type: none">• Our top 10 tips for a successful year• An ST3 year plan: how to cram it all in!• Starting to revise for your AKT? Want a reliable reference for those tricky consultations? Have a 1 month GPCPD subscription on us!
September	Fancy brushing up your consultation skills? We share top tips on effective motivational interviewing for health behaviour change
October	TRICKY TOPIC UPDATE 1: We share a clinical Pearl on topics that repeatedly trip up GPSTs in AKT and beyond
November	Statistics for GP trainees
December	COTS: how best to use them / prepare for SCA
January	TRICKY TOPIC UPDATE 2: We share a clinical Pearl on topics that repeatedly trip up GPSTs in AKT and beyond
February	Top tips for SCA: understanding the domains and marking
March	Trainee Portfolio: navigating and making the best of the portal
April	TRICKY TOPIC UPDATE 3: We share a clinical Pearl on topics that repeatedly trip up GPSTs in AKT and beyond
May	Approaching ARCP: what to expect
June	What's a learning event analysis?
July	What makes a good PDP?



Sign up to the GPST Pearls Programme
& get your one month free GPCPD here

<https://pearls.gp-update.co.uk/gpst>

