We are an enthusiastic, motivated experienced group of doctors. We believe we are able to offer a broad and enjoyable General Practice experience for any GP Registrar.

**Location**

The practice is located in the village of Trethomas outside Caerphilly and is only 15 minutes from Cardiff and Newport - the closest to Cardiff in the Gwent VTS scheme. We have a branch surgery in the village of Machen. Both of our buildings are purpose built with the Trethomas surgery recently having a new extension built. The GP registrar has their own dedicated room. The practice population is approximately 10,500 patients and we cover the villages of Machen, Lower Machen, Draethen, Rudry, Waterloo and Trethomas.

We believe we are a forward thinking practice which readily embraces changes in General Practice. We have an active Primary Health Care Team including a Salaried GP, Practice Nurses and 2 Health Care Assistants. The practice runs weekly Chronic Disease Management Clinics in CHD, Diabetes and respiratory disease. Family Planning clinics and Minor Surgery sessions also take place on a weekly basis.

Education

The practice is involved in teaching 3rd and 5th year medical students. We hold monthly educational meetings including practice audits and Significant Event Analyses. Registrars are encouraged to participate.  All doctors have desktop internet access and access to the NHS Wales intranet.

Registrars will of course have regular tutorials and we try to involve all clinicians in these tutorials.

We encourage everyone to meet up at lunchtime to discuss clinical issues and generally chew the fat.

Appointments

Practice appointment times are extremely flexible and the register will be able to choose start and finish times to suit themselves within reason. Appointments are of 10 minute duration with the option to offer 15 minute appointments in the afternoon.

**The GP's - Pen Pics**

**Dr David Bailey** - Experienced GP politician - currently chair of BMA Council - a useful resource for any budding politician.

**Dr Gwilym Davies** - Previously a Clinical Assistant in gynaecology at the Royal Gwent and Occupational Health doctor. Gwil is a Welsh speaker.

**Dr David Lewis** - Clinical lead for Diabetes and sessional endoscopist at Caerphilly Miners District Hospital. Dr Lewis is not sarcastic at all.

**Dr Waseem Chaudhury** - "Dr Skins" - Clinical Assistant in Dermatology at the Royal Gwent Hospital and GP with Special interest in Dermatology for ABUHB. The man from whom to learn Minor Surgery and anything skin related.

**Dr Tina Gordon** - Previously a Clinical Assistant/GPwSI in Rheumatology and previously a GP with a Special Interest in Rheumatology. Tina will teach you how to stick needles into things.

**Dr Siaron West** - GP Trainer, Child Protection Lead and GPwSI in Psychosexual Health. Siaron is a conversationalist.

**Dr Marilyn Palmer** - Marilyn's interests include minor surgery and palliative care. Marilyn has developed the palliative care services in the surgery and is an excellent resource for this potentially difficult area of general practice training. Marilyn also has an interest in occupational health.

**Dr Alun Edwards** - Trainer, cardiology lead and nosey parker! Alun is the Locality "Neighbourhood Care Network Lead for South Caerphilly". Alun is a Welsh speaker.

**Dr Gaynor Penrose** – Gaynor is a salaried GP and leads on medical student teaching and child development.

**Dr Gethin Prior –** Gethin is a salaried local GP having joined the practice in 2017 from another local practice. He brings a wealth of experience.

**Dr Rhiannon Kalynka** – Rhiannon joined Ty Bryn in 2019. She has experience in gynaecology.

**Contact Details**

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Have a look at our website and Facebook page!